

Carol Fahy PhD, PsyD

808-838-9541
Cfahy08@yahoo.com

General Psychotherapy Skills:

Evaluation, Diagnosis, Treatment Planning, Case Management

Skilled Diagnostician

Experienced Interviewer- Assessment of medical, suicidal, Axis II and addiction issues

Assessment and Treatment of all stages of Addiction and Recovery

Experienced with multiple Addictions including: Alcohol, Drug, Food, Sex, Relationship and Spending Addictions

Psychotherapeutic Intervention Skills

Modalities: Brief psychotherapy, Crisis intervention, Individual Therapy—Child, Adolescent, Adult, Family Therapy, Conjoint Therapy, Group Therapy

Utilizes multi-theoretical interventions: Timely interventions chosen for efficacy

Inpatient treatment and outpatient treatment

Chronic Pain and Disease Specialty:

Primary Treatment Model: Collaborative Treatment Model

- Engages the patient in self responsibility- encourages self care

- Confers with referring physician

- Supports patient to achieve productive appointments with all caregivers

- Clarifies patient compliance and adherence issues

- Works with patient's strengths

- Actively contributes to treatment team

- Makes appropriate referrals to medical or adjunct care and support including:

 - Behavioral Therapies such as biofeedback, Neurofeedback, hypnosis, meditation, guided imagery and relaxation training

Familiarity with pain medicine and evidence based clinical guidelines for pain treatments including complementary and alternative therapies

Provides cohesive patient-centered approach during hospitalization and post care

Psychology Licenses

Hawaii, California, Texas

Teaching experiences

University of California -Medical School, Los Angeles

Loyola Marymount University-Graduate Psychology Program, Los Angeles

Membership

Hawaii Psychological Association

Academy for Eating Disorders

The International Association of Relational Psychoanalysis and Psychotherapy

American Association of Suicidology

American Psychological Association

The American Group Psychotherapy Association

Credentialed

National Register of Health Service Providers in Psychology-#51686

Education

Doctor of Psychology, Psychoanalysis (PsyD), August 1998

The Institute for Contemporary Psychoanalysis, Los Angeles

Theoretical focus: Neuro-relational, Infant Mental Health and Neurobiology

Doctor of Philosophy, Psychology (PhD), August 1986

California School of Professional Psychology

APA approved Phd Program

(Now Alliant University) Los Angeles, California

Bachelor of Arts, Psychology, June 1980

University of California, Los Angeles

Special Training

Couples Therapy Training with Ellyn Bader and Peter Pearson

Infant Mental Health and Neurorelational theory and case supervision with Connie Lillas, MA, PsyD

Neurobiology with Alan Schore, PhD

Child Psychotherapy with Violet Oaklander PhD

Treatment of Grief with Terese Rando PhD

Sandtray Therapy with Harriet Friedman MA, Jungian Analyst

Employment-Chronological

PRIVATE PRACTICE Clinical Psychologist

2/1988 to 5/2012

Outpatient and inpatient psychotherapy with adults, adolescents, children and couples. Specialization in these areas: Health Psychology; Chronic Pain and Disease Management, Medical Collaboration, Depressed, Suicidal, Generalized Anxiety and Complicated or Treatment Resistant Patients along with the treatment of High Functioning Entrepreneurs, Executives and Artists. Consultation; Teaching; Supervision; Public Service: Created and organized South Bay Psychology Speaker Series-Public Education; Conference organizing.

SOUTH BAY PSYCHOLOGICAL CENTER Psychological Assistant

2/1985 to 2/1988

Outpatient and inpatient psychotherapy with adults, adolescents and children including individual and family therapy; Inpatient and outpatient groups for women only and substance abuse patients; Child Abuse assessment and treatment; Psychodiagnostic testing.

SAINT JOHN'S HOSPITAL AND CHILD STUDY CENTER Intern

9/1983 to 8/1984 (APA Approved Internship)

Individual and family psychotherapy with adults, adolescents and children; Child abuse reporting, treatment and testifying; Psychodiagnostic testing; Collaborative Team treatment planning

METROPOLITAN STATE HOSPITAL Intern

9/1982 to 7/1983 (APA Approved Internship)

Collaborative Team treatment planning, group and individual short-term psychotherapy, psychological and neuropsychological testing; work with criminally insane; differential diagnosis of acute and chronic psychological disorders.

FAMILY COUNSELING CENTER OF ORANGE COUNTY Intern

9/1981 to 7/1982

Family intake, Collaborative Treatment planning and psychotherapy with emphasis on Systems theory; conjoint and individual psychotherapy.

CHILDREN'S BAPTIST HOME Trainee

9/1980 to 7/1981

Group and individual psychotherapy with residentially-placed children and adolescents utilizing play, art and movement within a behavior modification milieu.